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HEALTH+NEWSTM

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Featuring Information on Alkaline Antioxidant Water

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Alkaline Antioxidant Water Gets Results

Doctor Explains How Water Works

Raymond Dent, N.D., has practiced Naturopathic Medicine for 27 years. He graduated as a member of the first class at The John Bastyr College of Naturopathic Medicine, at Seattle, Washington (now Bastyr University), in 1982 after completing pre-med studies at Cal State Northridge, Brigham Young University, and Pierce College.



He has practiced in Manhattan, Maine, Massachusetts, Connecticut, and Washington State. He has been associated with several medical doctors who practice alternative medicine including doctors Jonathan V. Wright, Thomas A. Dorman, and Ira Rabin.

My interest in the properties and benefits of water as it relates to alkaline content,

bio-efficiencies, and ionization began while I was working with a company at Paradise, Idaho. The company owned natural springs arising at the base of the Saw-Tooth Mountain in Idaho. This particular spring water emerges with an alkalinity of about 9.7 in conjunction with very low dissolved solids.

It has abundant free electron activity and a negative oxidation reduction potential (ORP) reading, similar to alkaline antioxidant water produced technologically. Working with the research and quality control division of that company laid the foundation for my subsequent work involving alkaline antioxidant water.

Water is a very powerful tool for improv-

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Mercury Detoxified with Water

Karen Kean • I am a health educator and have been in the health and wellness field for quite some time. I first learned about the ionizer about 18 months ago when I attended a water class.

When I saw the water demonstration, I was completely blown away by how acidic tap and bottled waters are. I have been teaching people about eating an alkaline diet and drinking plenty of water.

However, the water most people are drinking is acidic. I was also skeptical that the water could do everything it promised, but I decided to try it for 10 days.

I started drinking the alkaline antioxidant water. After a couple of weeks, I was completely taken with it.

I decided it was a necessity for me to own my own alkaline antioxidant water



machine. I have not regretted the decision.

One thing that I had kept very quiet as a health educator was that I had a failing memory due to toxic poisoning from mercury.

After drinking the water for about six weeks, I was at a trade show in Los Angeles. I spent the entire day meeting new people and learning various things about them. At the end of the day I realized that I

could remember all of their names and all of the information that had been given to me over the course of a long day. My brain had suddenly developed a clarity that I hadn't experienced in many years.

I began thinking about what had happened to me over the past few weeks, trying to pinpoint what was giving me this clarity. It seemed strange, but I couldn't help but wonder if it were possible that the water was helping. As I read and researched, I realized that it was quite possible that the alkaline water had actually detoxified my brain and body.

I can't live without alkaline antioxidant water. Wherever I go, it comes with me. It has given me my memory back and changed my life.

Personal Experiences with Alkaline Antioxidant Water

Health Problems Gone

Bob Dalton • Before I started drinking the alkaline antioxidant water, I had a myriad of health problems. I had incredible joint pain with little flexibility. Just to squat down was something I could barely do. I had no

energy. My thinking was fuzzy, and I had trouble performing simple tasks. I had a really serious lack of energy. I was also struggling with acne, even at age 60. I tried every skin product, but nothing cleared up my skin.

For energy throughout the day, I was drinking three large energy drinks. On top of that, I was also drinking coffee and tea every day. I'd had three colonoscopies and two surgical procedures by this time.

On top of all of these things, I was having prostate problems, and I was riddled with allergies. I was a wreck. Someone suggested that I should drink the alkaline antioxidant water. I drank three gallons that day and a really incredible thing happened. I had more energy, my brain was working again, and I felt wonderful by the following day.

My joint and back pain had eased. The next day I went back and got five more gallons. I also scheduled a golf match for the next day. I hadn't played golf in years because I hadn't felt well enough, but I needed to exercise. I took six liters of water with me to the course.

I did some research and got a alkaline antioxidant water machine. I had a complete



turnaround. I felt great. I had energy. My skin was clearing up. My joint pain was totally gone. My carpal tunnel also got better after drinking the water. My mind was clear and I had a positive attitude.

The combination of problems I'd had was huge. However, the ability this water has had to turn my life around is unbelievable. I don't feel old. I am running around like a kid.

I honestly feel better than I did when I was 50. It's a trip, because people will think that I'm in my forties and I have a son who is 41. My skin looks better than it has in 20 years. I have so much energy that I don't need as much sleep. But when I sleep I sleep well. When I rest, I rest. I really do have a new lease on life.

Chemotherapy Symptoms

Mary Cosio • I met a little three-year-old girl who was almost completely bald. I realized that she must have cancer. I asked her parents what kind of nutritional support she was receiving and helped them obtain several natural products to help her.

A friend of mine shared the alkaline antioxidant water with me and I was very

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Alkaline Antioxidant Water

- Decreases Joint Pain
- Increases Energy
- Fewer Prostate Problems
- Weight Loss
- Eliminates Pain
- Reduces Chemotherapy Symptoms
- Improves Diabetes
- Overcomes Depression
- Eliminates Acid Reflux
- Improves Energy
- And Much More

Personal Experiences with

impressed. I immediately thought of the little girl, Amelie, and how much her parents wanted to help her. The chemotherapy treatments caused Amelie severe complications which were only solved by having her receive blood transfusions.

The day that the Make-a-Wish foundation was taking her on her week long dream trip to Disneyland, I met with her parents and gave them several gallons of alkaline antioxidant water. That day they noticed a difference.

They were at Disneyland for a week, and for the first time in a long time, Amelie didn't scream and cry when she had to go to the bathroom, which was one of the side effects of the chemotherapy. From that day on, she was never in pain when going to the bathroom again.

Amelie's skin also went from being dry and scaly to soft and smooth, just like a child's skin should be. After another few days of drinking the water, Amelie was sleeping through the night.

The most surprising benefit was after every chemotherapy treatment, she would have to have a blood transfusion. Since she started drinking the alkaline antioxidant water, she has not had to have a single blood transfusion.

Amelie's life is back to normal and her health has greatly improved. Now that she is finished with the chemotherapy treatments, her hair is starting to grow back. Amelie is happy again!

I Lost 81 Pounds

Jan Etchison • I found out about alkaline antioxidant water about two years and seven months ago.



I lost 81 pounds.

During that time, my blood pressure dropped, so my doctor took me off of my blood pressure medicine. He also took me off of my blood thinner and my potassium. Right now, I only take one diabetic pill a day.

Since drinking the alkaline antioxidant

water, my colon started working like I never thought it could. Also, I used to have an arthritic knee that would swell up every day which caused me to hobble around most of the time. My ankles used to swell up like softballs because of the water retention from the edema. That has all gone away. I'm 73 years old, and I feel like I'm 50.

I get comments from people who haven't seen me in a while who notice the change. My wife and I just saw my cousins. Both of my cousins, whom I hadn't seen for several years, commented to my wife how they couldn't get over how much weight I'd lost and how much healthier I look. Alkaline antioxidant water has truly changed my life.

Easy Detoxification

Shari Pruden • I had heard great things about the alkaline antioxidant water by the time I got my hands on it. People I knew well and trusted told me what it did for them. I wanted to see if it was real.

On the first day that I got some alkaline antioxidant water, I drank an entire gallon. I figured if there was anything at all to the many claims of benefits I was hearing about, I would surely feel or see something. So I drank an entire gallon and I waited.

I was blown away. I suddenly felt so energized and powerful that I couldn't believe it. Within one week, I lost 10 pounds without even trying. After two months of drinking alkaline antioxidant water every day, I lost over 20 pounds.

Every system and function of my body works better now. My sleep is regular. My 15-month-old baby boy and I drink the water daily and we both have regular bowel movements without any stomach discomfort or gas. It's great.

I am a 41-year-old woman. Most women my age are beginning to feel their age and slow down, but I feel like I did when I was in my twenties. I am doing more with less effort and better results than I have ever been able to do at any other time in my entire life.

I know how these things work. I used to work at a health spa, and I had to support various clients through the detoxification process. It could be really difficult for some people. With alkaline antioxidant water,

the detoxification process is fast and easy. It helps you obtain health and stay healthy. It shows you how your body works when it is working at its best. Once I began to feel how great it feels to be healthy, regular, and toxin-free, I have never wanted to go back to that old tired, polluted way I felt before drinking alkaline antioxidant water.

Back Pain Conquered

Rodolfo Gato Gonzalez • I was the lightweight boxing champion of the world from 1972 to 1974. My nickname is El Gato, The Cat. I was also the world record holder in consecutive knockouts in boxing history.

Several years ago I hurt my back, and it has really bothered me. As I have gotten older, the pain in my back has worsened. Even my shoulder started having so much pain that I couldn't bend over to tie my shoes, and I couldn't raise my arm up. My shoulder was hurting a lot. I went to the doctor and took X-rays. He said it was looking really bad.

Finally someone told me to drink the alkaline antioxidant water. I started drinking it, and about three or four days later there was no pain in my back and no pain in my shoulder. I now drink it every day.

I recommend the alkaline antioxidant water to everyone because as we get older we develop all kinds of diseases. The alkaline antioxidant water is a blessing. Everyone who drinks it will know the difference. It has been the best for me and I will continue to drink the alkaline antioxidant water as long as I'm still alive.

Veteran Sleeping Again

Jim Jarvis • I'm 60 years old and I am a Vietnam veteran. I have suffered severe wounds which almost resulted in the loss of my right arm. I have been diagnosed with asthma, diabetes, and prostate cancer. I also suffer from sleep apnea, and I am bipolar.

Medications were prescribed to treat some of these conditions, but I preferred natural modalities to some of these drugs. I met a man last year who introduced me to the amazing benefits of alkaline antioxidant water.

He gave me a couple gallons of water, and when I drank it, I immediately felt a tremendous difference in my health.

For the last 40 years, I had endured constant pain in my right wrist and elbow as a result of the war injuries to my arm. After just two days, the pain in my elbow and wrist went away.

For the past 20 years, I had been sleeping only two to four hours each night. With the help of the alkaline antioxidant water, I currently sleep six to eight hours each night. I have lost over 20 pounds in just over two months of drinking the alkaline antioxidant water.

My hyperactivity and depression from being bipolar are gone. I am very calm now compared to my former self, and I am able to listen to others. I used to need my inhaler three to four times each day, but I now only use it occasionally. I cannot begin to thank

my friend enough for introducing me to this incredible water.

The alkaline antioxidant water has literally changed my life and my health. I have been giving this water away to my friends, neighbors, and anyone I think it will help.

I want them to enjoy the life-changing benefits that I am so grateful to have in my life every day. I am a completely different man thanks to this phenomenal water.

Pain Free & Active Again

Kai Jacobson • I was introduced to the alkaline antioxidant water, and it has had a profound affect on my life. When I started to drink alkaline antioxidant water I was amazed!

My body completely responded to it. I was so thirsty, my body was almost like a sponge. I started drinking lots of it, and I noticed incredible benefits.

I have had arthritis and really bad knees, but I like to be active. I enjoy sports like tennis and skiing. I also like to go dancing, but so much activity puts a lot of stress on my knees. I think between the arthritis and the wearing away of the ligaments, my joints were traumatized.

I'm 56 now, and I believe the alkaline antioxidant water has completely hydrated my joints. My pain is gone. I've gone from not being able to go out, to again doing the things I love, with complete joy and no trauma. I'm a total believer in alkaline antioxidant water.

Tremendous Energy

Darlene Toth • I discovered alkaline antioxidant water after one of my visits with my doctor to review another blood test.

I was always tired and lethargic and had no energy. My brain was fuzzy and I didn't know why. I was 61 at the time, and past menopause, so we couldn't figure out what was going on.

My blood sugar was also becoming a problem. I didn't have Type II diabetes, but my blood sugar levels were definitely becoming a concern.

I read about alkaline antioxidant water in the doctor's office and was impressed with the claims of what the water could do. After three days of drinking the water, I was amazed at the difference it made in my body.

I was getting excellent sleep. I also had tremendous energy. I continue to drink alkaline antioxidant water, and I'm loving it more and more. This water is fabulous and it tastes great.

Blood Sugar Under Control

James Jackson • Initially after I started drinking alkaline antioxidant water, I didn't notice anything significant until one day I had run out of my prescription for my Type II diabetes.

The prescription helps keep my blood sugar under control. I checked my blood sugar that day on the meter, and it had gone up to 187. I don't like it to be over 140.

I was nervous, but I drank 26 ounces of the alkaline antioxidant water and then

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Alkaline Antioxidant Water

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checked my blood sugar again an hour later. It was down to 96 on the meter which



made me very happy. Keeping my blood sugar under control has been an on-going challenge, but the water helps me to manage it.

I've been drinking the alkaline antioxidant water for two years. My energy has improved. Now I seem to be able to go through a long day while sustaining the same level of energy throughout the day, and enjoy it. I have many responsibilities during the day, and I am able to maintain a very significant activity level with vigor. The last time I had that kind of energy, I was in my teens and twenties. I'm now 56, and alkaline antioxidant water has made a big improvement in my life. It allows my body to perform better.

Acid Reflux Cleared Up

Wayne Tyler • I first began drinking alkaline antioxidant water about a year and a half ago. I remember it vividly because it did not take long for me to begin to feel the benefits of the water. Within just the first few days, I began to feel a great sense of increased energy and rejuvenation. I'd never felt anything like it before.

Another problem that I had dealt with for many years was acid reflux. It was awful. Just a few days after I started drinking alkaline antioxidant water, the acid reflux was just not a big problem anymore.

After drinking alkaline antioxidant water faithfully and happily every day for several weeks, the acid reflux cleared up completely.

Before I started drinking alkaline antioxidant water, I thought I knew what real water tasted like. I had no idea about the real taste of clean, fresh, healthy water. Alkaline antioxidant water is crisp and clear, and it washed over my thirst in a way that I had never experienced before with regular water.

I just never knew how important the type of water we drink was until I got a taste of alkaline antioxidant water. I had also had quite a bit of difficulty with chronic congestion before trying the water. After drinking the alkaline antioxidant water for just a few weeks, my congestion was a thing of the past. I could breathe again. It was great.

When I work out now I can really work out. I do not get tired as easily or as quickly. I even find that I can work out for much longer periods of time. The old Wayne has been replaced by a new, healthier, stronger Wayne who will never allow his health, his body, and his future to ever begin to dry up and blow away.

Knee Surgery Cancelled

Evelyn Harrison • Eighteen months ago, I saw a rheumatologist who told me that I needed both of my knees replaced. I refused. A few days later, a friend asked if she could come and treat my knees with alkaline antioxidant water. After she took the compresses soaked in the water off of my knees, I stood up with no help at all. For the two previous weeks I needed help when I

was sitting down to stand back up. But at the time, I didn't really think it was the water.

Two weeks later, she called me to see how my knees were doing, and I confessed that they were starting to hurt again. After that, she brought me water for a month so that



I could treat my knees and also drink the water. Whenever she brought me the water to use, my knee would stop hurting.

I knew it had to be the water. I don't take pain medication and I wasn't taking anything for arthritis.

It was then that I started to do my research. I talked to people from all over the country who had ionizers. We talked about alkaline antioxidant water and how it was affecting them.

About six months after I started drinking the alkaline antioxidant water, I took a cruise to Alaska, and did not have the water with me. A few days into the trip my knees began to hurt, and they hurt until I got back. When I got home I immediately started using the compresses and drinking the water. My knees do well as long as I keep drinking alkaline antioxidant water.

I don't need anything else, and I don't take anything for arthritis. I even hiked up a mountain half a mile to see cliff dwellings in Arizona, and hiked back down the half a mile with no help at all. After drinking alkaline antioxidant water, I could hike a mile with knees my doctor wanted to replace.

I am so excited about the alkaline antioxidant water that I have to tell everyone about it. My husband lost 24 pounds in seven weeks with the water. I had acid reflux in the past, but I am not bothered with it anymore. My allergies are better. I'm sleeping better. Before I was sleeping three to four hours a night. Now I sleep six to seven hours a night. I will not be without my water. It goes where I go.

Amazing Recovery Time

Brenda Griffith • I learned about alkaline antioxidant water from a friend who suggested it after I had my last surgery. I had three major operations in less than ten months. I had one to correct my back because I had two blown disks.

The next two surgeries were on my right knee. At the joint of my knee, I just had bone rubbing against bone because of a previous injury I had had. The first surgery was a scope. Then I had a second scope and had my right leg cut off at the knee, where they put a piece of cadaver bone in and screwed it all back together.

After I got out of the hospital, I was in a wheelchair for about a month. I couldn't walk. I couldn't do anything. I was very ill. The doctor had me on a morphine drip and an array of narcotics for the pain. I wasn't getting any better and I was very concerned about how toxic I felt. I was afraid I was going to get some terrible disease because of how ill I was feeling.

Then a friend recommended the alkaline antioxidant water. She thought it might help me feel better and help with the pain. After

my first glass of water, I noticed a tingling in my arms and legs. I didn't realize what was happening until my friend suggested that water was reaching the cells in my body, which probably hadn't happened in a long time.

About 20 minutes after drinking my first glass, I had a really moving experience in



the rest room. This was a very big deal because I had been having huge constipation issues. I also noticed that within a

few days my urine had turned from a bright orange color to clear.

Mentally, my critical thinking came back and it felt like the fog had been lifted from my brain. I was able to really reason and things became clearer. I understood more. I also noticed that my pain was going away dramatically and fast.

I went from a wheelchair to crutches. Then I noticed that I could put weight on my leg. In about another week, I was walking around. I've since gone to the doctor who just can't believe how fast I'm recovering for my age. I've recovered six months faster than I should have.

Furthermore, I noticed after three weeks that I was losing weight. I was not exercising because of my injury and I didn't change my diet, because I really wanted to see what this water could do. I also did not take any supplements.

I have now lost 40 pounds. I am completely off of pain medication. I have seen incredibly dramatic results. I know for a fact that this wouldn't have happened without the alkaline antioxidant water.

Drinking this water will change your life. You have nothing to lose.

Eczema Went Away

Cameron Cushing • Six months ago I was visiting my friend who was showing me this beautiful house they were renting in British Columbia. She showed me an alkaline antioxidant water machine in the house and told me about the benefits of alkaline antioxidant water.

I had never heard of the water before, so I was intrigued and wanted to try it out for myself. I immediately noticed an increase in mental energy and clarity. I was impressed.

As I continued to drink the alkaline antioxidant water, I noticed more things changing. Eleven years ago, I had back surgery to get a disk removed from lower back.

Since that surgery, I'd always had back pain and stiffness in my lower back. Every morning I had pain that I just related to morning pain. However, all that pain has gone away since I began drinking the alkaline antioxidant water.

Also, this was the first spring in 20 years that allergies didn't bother me like usual. Plus, I don't have eczema now like I have had for the last 20 years. I had to use creams because it would flare up, getting terribly red and itchy. On top of that, after the inflammation would go down, I was left with white patches all over my body from the eczema.

Amazingly, after about two weeks of drinking the alkaline antioxidant water, the eczema went away.

Within about a month, the white patches were completely gone from my body. I have not had eczema since then. Also, the daily dry skin on my elbows and knees is now gone.

Having alkaline antioxidant water in my life has changed everything for me. I now know that when I change my body on a cellular level, it contributes to my thoughts, my feelings, my emotions, and my actions. I can really feel my body being purified and detoxified on a daily basis.

Great Pregnancy

Jennifer Wolfe • I started drinking alkaline antioxidant water about two years



ago. When I got pregnant one year ago, I continued to drink alkaline antioxidant water during the whole pregnancy. Because I'd never been pregnant before, I didn't know the difference for myself,

but I was able to compare my experience to other women's pregnancies.

I drank a lot of the water everyday and noticed that I didn't get any morning sickness at all. Also, I barely gained any extra weight besides the baby weight. I also had tons of energy. I attribute that to the water.

Now that I'm no longer pregnant, I can tell the difference in my energy level and vitality when I drink alkaline antioxidant water and when I drink regular water. Now I try not to drink any other water, because the difference is pretty great.

I also used to have some intestinal issues. Those have pretty much gone away since I started drinking the alkaline antioxidant water. Sometimes I would experience severe stomach pain without any explanation, but after drinking the water, those problems are gone.

Generally I haven't been a big water drinker, but I now know that if I want more energy or if I want to feel better I can drink alkaline antioxidant water.

Knowing the benefits of the water really encourages me to drink more of it. Instead of drinking a cup of coffee, I feel better about drinking alkaline antioxidant water because the energy level I receive from the water is consistent.

I didn't realize the importance of alkaline antioxidant water until I started drinking it. I will never go back to normal water again because there's such a huge difference between the two.

Mental Clarity Returns

Jenny Cassady • I learned about the alkaline antioxidant water about two years ago. I had been looking for a healthy water to drink, but I had no idea where to go. I had been reading articles about how our tap water isn't healthy and how it is loaded with toxins.

I was also reading articles about how bottled water was dead and how most bottles

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Doctor Explains How Water Works

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ing and maintaining health. Alkaline antioxidant water is unlike any other water because it is more than just “water.” It’s a health drink. Daily use of alkaline antioxidant water may be the best form of natural health maintenance and improvement you can adopt.

Structured alkaline antioxidant water contains greater concentrations of ionized H₂O molecules which have been restructured through electromagnetic means in a way that creates a greater probability of physiologically desirable “cluster” sizes. This causes more free electrons to be available in the water as well as greater hydration potential. The “free” electrons can act as antioxidants while the six sided or “hexagonal” water molecule clusters enhance the proper hydration of our cells. All of this results in many patients feeling a generalized sense of well-being and improved health when they drink alkaline antioxidant water. These 6-sided clusters found in ionized, structured, alkaline water appear to allow for the fastest internal rehydration possible.

Alkaline antioxidant water is produced through means that favor the development of 6-sided water molecules resulting in what we call hexagonal water. Hexagonal water is water which has undergone hydrogen bonding which favors its peculiar structure and energy state. In water such as regular tap water or water from municipal water sources, you can get structures involving up to 12, 13, 16 or greater number of water molecules. Such water does not promote optimal health in the same way that hexagonally structured water does.

Alkaline antioxidant water can increase the general efficiency of all systems of the body. There are many benefits to this. One of the benefits I appreciate most is that alkaline antioxidant water is many times more hydrating and better tasting than tap

water. That’s one of the greatest things I have identified because people will drink more water. It’s smooth, refreshing, and satisfying.

The percentage of hexagonal units found in water, as well as their stability, appears to depend on a number of factors, including toxin levels, mineral content, motion, and energetic influences that water is exposed to. For example chlorine,

fluoride, and many pollutants typically found in municipal water sources decrease the ability of water to form significant numbers of hexagonal units. Tap water typically has a very low percentage of these structures. By switching from tap water to alkaline antioxidant water, one may greatly improve the functioning of the body by supplying it with truly rejuvenating, clean, healthy water.

The hexagonal water affects health by improving the body’s ability to use the water effectively. With alkaline antioxidant water, the water is also purified. Substances commonly added to municipal water, such as chlorine, are removed from alkaline antioxidant water before the water is consumed. The alkaline antioxidant water processor removes many harmful toxins from drinking water for good.

Water is a very dynamic substance. When we take the water through the ionization

process, we cause changes that occur in a fraction of a second. We create an energetic effect which causes the water to be structured in a way that improves the body’s ability to use the water optimally and maximize the benefits of the water.

You get better interaction from vital enzymes, vitamins, structural, and antioxidant molecules because all of these substances operate in a water environment. The better the quality of the water, the better it is for the body.

The effects of this may be seen in many ways including improved sleep, enhanced sense of well-being, better exercise endurance, improved elimination of cellular wastes, clearer thinking, increased overall hydration, less discomfort, better skin health, and enhanced overall health.

People are able to produce alkaline antioxidant water in the comfort of their own homes. Some of the processors used to produce alkaline antioxidant water offer a filtration system that is 50 percent better than what is used in hospital or compounding pharmacies today.

Alkaline antioxidant water is nature’s best. It’s the kind of water you find flowing freely from many of the world’s best natural springs.

Modern lifestyle, diets, and pollution promote acidic metabolism in the typical individual. Having a mild and harmless alkaline influence in the form of water can go a long way in buffering and protecting one’s health against the harmful chronic effects of an acidic metabolism. Alkaline antioxidant water can help you resist disease and slow

the aging process. In the body, alkaline antioxidant water helps to buffer a chronic state of acid stress.

This improves the body’s ability to maintain good health and proper overall functioning. Therefore we would expect to observe the helpful benefits of increased ionization and alkalinity in a combination which would include the effects of antioxidants, the micro clustering of the water, the alkalinity of the water, and the improved taste and texture of the water.

People often ask me if there is any instance in which the alkaline antioxidant water would be less than beneficial. Individuals with cervical spinal stenosis should not drink alkaline antioxidant water.

If you are a normal individual, I sincerely do not think you could drink too much

properly produced alkaline antioxidant water. You should start out with alkalinity at near neutral levels then gradually increase the alkalinity as your body demonstrates tolerance to the alkaline antioxidant water. I have been watching peoples’ reactions to alkaline antioxidant water for months and I have not seen anyone have a problem except two patients with cervical stenosis.

If a person starts out slowly and follows the basic guidelines, as well as consults one’s physician if he or she is on any type of medication, I believe the water will offer very good and beneficial results. I advise most people to drink about six glasses per day. I believe that the proper use of alkaline antioxidant water is the single most important thing that one can do for his or her health.

Alkaline antioxidant water can help you resist disease and slow the aging process.
~ Dr. Raymond Dent

Alkaline antioxidant water is nature’s best. It’s the kind of water you find flowing freely from many of the world’s best natural springs.
~ Dr. Raymond Dent

Personal Experiences with Alkaline Antioxidant Water

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are just filled with tap water. Then there was the issue with chemicals in the plastic, and I couldn’t see the point of drinking dead water. You see cases of bottled water sitting out at gas stations in the sun. I just thought that that cannot be good for us.

I finally went to the health center in Indianapolis. They had recently acquired an alkaline antioxidant water machine and their customers were raving about how nice it was. I personally acquired a machine that day.

When I began drinking alkaline antioxidant water, I fell in love with it, because

it tasted so good and went down so well. I heard so many people speak positively about the effects of drinking the water. I was impressed, but I wasn’t sure what it was going to do for me.

At the time, I had hand braces and tendonitis. I also had what is called trigger finger, which means that the joints on my right thumb would pop out and I would have to push them back into place.

During the night, I had to wear hand braces. I was also going to the Indiana Hand Center for frequent treatments.

However, after drinking the alkaline antioxidant water for a few weeks, my joints started easing up, and all my pain went away. Before I started drinking alkaline antioxidant water, I could not even unscrew a cap off of a water bottle or open a jar. Now that is not an issue.

I also had trouble with arthritis in my hand, especially at night, and I had a really hard time when I had to get up out of bed. These issues just went away. I’m so excited!

My memory fog also has gone away. Before drinking the alkaline water, I was

concerned because my memory was getting pretty bad.

I felt that I was way too young to think I was getting Alzheimer’s. But my memory was getting so foggy that I would often walk into a room and forget what I was going in there for. That all went away once I began drinking the water.

It solved my medical issues which make me so happy and excited about the alkaline antioxidant water. It is wonderful and great. I hope I never have to be parted from my alkaline antioxidant water machine.

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